

# Open House

saLem  terrace  
*at Harrogate*

**Saturday, Feb. 17**  
**2PM - 5PM**

## **NEWLY REMODELED DOGWOOD MEMORY CARE**

Enjoy refreshments and two helpful presentations.

### **Healthy meal tips for caregivers**

Chef Elizabeth will demonstrate effective strategies for preparing and serving meals to persons with dementia or Alzheimer's.

### **Effective Communication Strategies**

Explore how communication takes place when someone has Alzheimer's disease by learning to decode messages through attitude, tone of voice, facial expressions and body language.

**RSVP's appreciated to (540) 444-0343.**